

MAINS

THAI STYLE CHICKEN SATAY
NUT FREEWith
COCONUT RICECREAMY CHICKEN
CARBONARA STYLE
LASAGNEWith
HOMEMADE GARLIC FOCACCIASWEET PINEAPPLE
GLAZED GAMMONWith
HERBY SMASHED CRISPY
NEW POTATOESCHICKEN MADRAS
with Naan Nachos &
Mint YoghurtWith
YELLOW RICEBATTERED FISH
SAUSAGE/VEG SAUSAGE
PIZZA SLICE
CHICKEN NUGGETSWith
CHIPS, GRAVY or IRISH CURRY SAUCE

SIDES

SWEET & SPICY
VEGETABLE STIR FRY
With
COCONUT RICESUMMER VEGETABLE
& BASIL LASAGNE
With
HOMEMADE GARLIC FOCACCIACHEESY BUTTERNUT
PUFF PASTRY SLICE
With
HERBY SMASHED CRISPY
NEW POTATOESBUTTER CHICKPEA CURRY
with Naan Nachos & Mint
Yoghurt
With
YELLOW RICE

PIZZA SLICE

VEGGIE SAUSAGE
With
CHIPS, GRAVY or IRISH CURRY SAUCE

MAINS

VEGETABLES/SALAD

MONDAY
ASIAN STYLE
VEGETABLESTUESDAY
HOUSE MIXED
SALADWEDNESDAY
ROASTED SUMMER
VEGETABLESTHURSDAY
KACHUMMER
SALADFRIDAY
GARDEN PEAS OR
BAKED BEANS

DESSERTS

MONDAY
BROWNIE STYLE
COOKIESTUESDAY
CHOCO CHERRY
FLAPJACKWEDNESDAY
OLD SCHOOL
SPRINKLE SPONGE
WITH CUSTARDTHURSDAY
TROPICAL FRUIT
COCONUT CRUMBLEFRIDAY
HOMEBAKE
FAVOURITES

Fresh Cut Fruit & Yoghurt Pots available daily

NOT JUST POTATOES...
LOADED
SPUDS!MONDAY
CHICKEN SATAY
NUT FREETUESDAY
CHICKEN KORMA
with Mint Yoghurt
& Crispy OnionWEDNESDAY
CHINESE
CHICKENTHURSDAY
BOLOGNESEFRIDAY
ALL
THE CLASSICSAVAILABLE EVERY DAY
BEANS + CHEESE + TUNASO
GOOD
THEY'RE
HERE TO
STAYREGULAR
CHEF'S
SPECIALSHANDCRAFTED
DELI
SANDWICHES,
BAGUETTES,
WRAPS,
SALADS &
MORE!

HOT DELIKITCHEN

MONDAY
SELECTION OF
PIZZA SLICESTUESDAY
ULTIMATE FISH
FINGER BAPWEDNESDAY
CRISPY CHICKEN
WRAPTHURSDAY
MEXICAN CHICKEN
QUESADILLAFRIDAY
LOADED CHIPS
PEPPERONI
MARINARA

PASTA, RICE & NOODLE POTS

AVAILABLE EVERY DAY
TOMATO SAUCE & CHEESEMONDAY
GARLIC CHICKEN
ALFREDO PASTATUESDAY
CHICKEN KORMA
RICE POTWEDNESDAY
CHINESE CHICKEN
CURRY NOODLESTHURSDAY
BEST EVER
BOLOGNESE PASTAFRIDAY
CLASSIC MAC
CHEESE

BIG BOWL SALADS

MONDAY
CLASSIC CAESAR
CHICKEN SALADTUESDAY
CAESAR PASTA
SALAD WITH
CHICKENWEDNESDAY
MOROCCAN
COUSCOUS
& ROASTED VEGETABLESTHURSDAY
NORTH AFRICAN
SALAD WITH MINT
YOGHURTFRIDAY
SALAD
SPECIALDAILY
MEAL DEALSFreshly Made from Scratch
DAILY!

STREATERIES

WEEK 2

Spring/Summer 2020
20/04/20, 11/05/20, 01/06/20, 22/06/20, 13/07/20, 03/08/20,
24/08/20, 14/09/20, 05/10/20

MAINS

**CAJUN CHICKEN LOADED
MAC CHEESE**
with
Spicy BBQ Drizzle

**GREEK PORK SOUVLAKI
FLATBREAD & TZATZIKI**

With
GREEK LEMON & OREGANO WEDGES

**TIKKA ROAST CHICKEN, CUMIN
YORKIES & SPICED GRAVY**

With
MASALA ROASTIES

**NORTH HARISSA LEMON
CHICKEN TAGINE**

With
WEST TOMATO RICE

**BATTERED FISH
SAUSAGE/VEG SAUSAGE
PIZZA SLICE
CHICKEN NUGGETS**

With
CHIPS, GRAVY or IRISH CURRY SAUCE



SIDES

CLASSIC BAKED MAC
with
Garlic Crispy Crumb

**TIROPITA
GREEK CHEESE FILO PIE**

With
GREEK LEMON & OREGANO WEDGES

**MASALA SPICED VEGGIE SAUSAGE,
CUMIN YORKIES & SPICED GRAVY**

With
MASALA ROASTIES

**EAST MISIR WOT
ETHIOPIAN LENTIL STEW**

With
WEST TOMATO RICE

PIZZA SLICE

VEGGIE SAUSAGE
With
CHIPS, GRAVY or IRISH CURRY SAUCE

NOT JUST POTATOES... LOADED SPUDS!

MONDAY
CAJUN CHICKEN
& SPICY
BBQ DRIZZLE

TUESDAY
GREEK SOUVLAKI
& TZATZIKI

WEDNESDAY
CHICKEN TINGA

THURSDAY
HARISSA
LEMON TAGINE

FRIDAY
ALL
THE CLASSICS

AVAILABLE EVERY DAY
BEANS + CHEESE + TUNA

SO
GOOD
THEY'RE
HERE TO
STAY

**REGULAR
CHEF'S
SPECIALS**

**HANDCRAFTED
DELI
SANDWICHES,
BAGUETTES,
WRAPS,
SALADS &
MORE!**

HOT DELI KITCHEN

MONDAY
SELECTION OF
PIZZA SLICES

TUESDAY
CRISPY CHICKEN
BURGER

WEDNESDAY
MEXICAN CHICKEN
TINGA BURRITO

THURSDAY
CHEESE & JALAPENO
TOASTIE

FRIDAY
SOUTHERN
CHICKEN &
CHIPS POT

PASTA, RICE & NOODLE POTS

AVAILABLE EVERY DAY
TOMATO SAUCE & CHEESE

MONDAY
SWEET & SOUR
CHICKEN
NOODLES

TUESDAY
CHICKEN TIKKA
MASALA RICE POT

WEDNESDAY
CLASSIC
CARBONARA PASTA

THURSDAY
BEST EVER
BOLOGNESE PASTA

FRIDAY
CLASSIC
MAC CHEESE

MAINS

VEGETABLES/SALAD

MONDAY
PEPPER LIME
SLAW

TUESDAY
MEDITERRANEAN
SALAD

WEDNESDAY
FRESH STEAMED
GREENS

THURSDAY
SOUTH
CHAKALAKA
INSPIRED SALAD

FRIDAY
GARDEN PEAS OR
BAKED BEANS

DESSERTS

MONDAY
STICKY TOFFEE
COOKIES

TUESDAY
CINNAMON
APPLE TURNOVER
WITH CUSTARD

WEDNESDAY
JAM & CREAM
SCONES

THURSDAY
BANANA CARAMEL
SPONGE

FRIDAY
HOMEBAKE
FAVOURITES

Fresh Cut Fruit & Yogurt Pots available daily

BIG BOWL SALADS

MONDAY
HERBY GEM
LETTUCE & ROASTED
CHICKPEA

TUESDAY
MINTED YOGHURT &
CHICKPEA SALAD
WITH CRISPY ONION

WEDNESDAY
SPICY ASIAN
CUCUMBER
NOODLE SALAD

THURSDAY
HOISIN CHICKEN
& VEGETABLE
NOODLE SALAD

FRIDAY
SALAD
SPECIAL

DAILY MEAL DEALS

Freshly Made from Scratch
DAILY!

STREATERIES

WEEK 3

Spring/Summer 2020
27/04/20, 15/05/20, 05/06/20, 29/06/20, 20/07/20, 10/08/20,
31/08/20, 21/09/20, 12/10/20

MAINS

HOMEMADE SMOKY PORK
& RED ONION SAUSAGE ROLL

With
Potato Wedges



CRISPY HONEY
SESAME CHICKEN

With
Stir Fried Noodle & Beansprouts



SLOW ROAST PULLED GARLIC &
THYME PORK WITH GRAVY

With
Skin on Roasties



SPICY MEXICANA BEEF
CORN TACOS
AVOCADO CREMA

With
Steamed Rice



BATTERED FISH
SAUSAGE/VEG SAUSAGE
PIZZA SLICE
CHICKEN NUGGETS

With
CHIPS, GRAVY or IRISH CURRY SAUCE



SIDES

SMOKED CHEESE & ONION
PASTY

With
Potato Wedges

SWEET CHILLI AUBERGINE,
MUSHROOM & EDAMAME
STIR FRY

With
Stir Fried Noodle & Beansprouts

GARLIC & THYME
ROASTED VEGETABLE BEAN BAKE

With
Skin on Roasties

SPICY BEAN
& CHEESE QUESADILLA

With
Steamed Rice

PIZZA SLICE

VEGGIE SAUSAGE

With
CHIPS, GRAVY or IRISH CURRY SAUCE

MAINS

VEGETABLES/SALAD

MONDAY
BBQ BAKED
BEANS

TUESDAY
ASIAN
GREENS

WEDNESDAY
GREEN BEANS &
CARROTS

THURSDAY
MEXICAN CHOPPED
SALAD

FRIDAY
GARDEN PEAS OR
BAKED BEANS

DESSERTS

MONDAY
COCONUT LIME
COOKIES

TUESDAY
DUTCH APPLE
CRUMBLE PIE
& CUSTARD

WEDNESDAY
CUSTARD DUFFIN
(DONUT MUFFIN)

THURSDAY
CHOCO MANDARIN
BROWNIE

FRIDAY
HOMEBAKE
FAVOURITES

Fresh Cut Fruit & Yogurt Pots available daily

NOT JUST POTATOES... LOADED SPUDS!

MONDAY
MEATBALL
MARINARA

TUESDAY
BEAN CHILLI &
CRISPY ONION

WEDNESDAY
SPICY CHICKEN

THURSDAY
MEXICANA BEEF
& AVOCADO

FRIDAY
ALL
THE CLASSICS

AVAILABLE EVERY DAY
BEANS + CHEESE + TUNA

SO
GOOD
THEY'RE
HERE TO
STAY

REGULAR
CHEF'S
SPECIALS

HANDCRAFTED
DELI
SANDWICHES,
BAGUETTES,
WRAPS,
SALADS &
MORE!

HOT DELIKITCHEN

MONDAY
SELECTION OF
PIZZA SLICES

TUESDAY
2oz SNACK
BEEF BURGER

WEDNESDAY
MASALA MAYO
DOG

THURSDAY
MARINATED
CHICKEN WRAP

FRIDAY
BBQ CHEESE
LOADED CHIPS

PASTA, RICE & NOODLE POTS

AVAILABLE EVERY DAY
TOMATO SAUCE & CHEESE

MONDAY
MEATBALL
MARINARA
PASTA

TUESDAY
BEAN CHILLI
RICE POT

WEDNESDAY
SPICY
CHICKEN PASTA

THURSDAY
BEST EVER
BOLOGNESE PASTA

FRIDAY
CLASSIC MAC
CHEESE

BIG BOWL SALADS

MONDAY
TEX MEX SWEET
POTATO, CHARRED
CORN & BEAN

TUESDAY
MEXICAN CHICKEN,
BEAN & AVOCADO

WEDNESDAY
LEMONY ROASTED
COURGETTE
& SEED SALAD

THURSDAY
CITRUS CHICKEN &
SUMMER
VEGETABLE SALAD

FRIDAY
SALAD
SPECIAL

DAILY
MEAL DEALS

Freshly Made from Scratch
DAILY!