

Curriculum - Overview

Year 12 – Certificate

Unit 1 Human Lifespan Development - Exam

Health and social care practitioners require an extensive knowledge base for working with people in all life stages.

In this unit you will develop your knowledge and understanding of patterns of human growth and development across different life stages and the concept of holistic development. You will study factors that may influence human growth, development and health; some of these are innate; some are impacted by lifestyle, environmental, socio-economic factors and many are a combination of all factors. You will study the impact of health inequalities, and how these affect the health of individuals. The unit also explores the promotion, prevention and treatment provided by health and social care professionals and the roles and responsibilities of health and social care professionals when providing effective, holistic care across a range of health conditions.

This unit is externally assessed through one examination of 80 marks lasting 1 hour 30 minutes, and available twice a year in January and May/June.

Unit 3 Principles of health and social care practice - Coursework

To meet individual needs, it is important that you have a good understanding of the principles behind providing excellent care and support. This unit introduces you to the core values expected of NHS and social care professionals which underpin professional standards, skills and attributes and how these should be applied in practice to meet the needs of individuals in health and social care environments.

In this unit, you will learn about the values, skills and principles of meeting care and support needs and how these should be applied in practice. You will look at some of the challenges and approaches that may arise when personalising care and how legislation, governance and regulation affect the provision of care and support to meet individuals' needs. You will also examine the different societal factors

Year 13 – Extended Certificate

Unit 2 Human biology and health – Exam

We all need to be aware of the structure of the human body and how the body systems work together for normal physiological functioning. This enables us to understand the effects of common disorders on the body and on health.

You will learn how the body is organised into cells, tissues, organs and organ systems and how healthy bodily function is achieved. You will start by developing your knowledge on cellular structure and function, the different tissue types, including where they are found in the body and how their structure supports their function. You will explore respiration and energy metabolism in the human body and the homeostatic mechanisms that work to maintain the internal environment of the body. You will then build on this knowledge to develop a more detailed knowledge of the structure and function of key body systems, such as the cardiovascular and respiratory systems and how the endocrine system controls and regulates processes throughout the body. You will move on to consider how normal physiological functioning may be interrupted by common disorders, such as coronary heart disease and diabetes, and how these disorders affect multiple body systems.

This unit will be assessed through one examination of 80 marks lasting 1 hour and 30 minutes, and available twice a year in January and May/June.

Unit 5 Promoting health education – Coursework

Health education aims to promote awareness of health issues and to prioritise the health of the population. It helps reduce susceptibility to developing particular illnesses and provides advice and information on disease prevention. Health education can be tailored to target specific populations on particular health issues and can support behaviour change.

**BTEC AAQ Level 3 Health and Social Care Curriculum
Map**



<p>affecting the health outcomes of individuals and the strategies used in health and social care to overcome these.</p> <p>This unit will be invaluable if you wish to progress to higher education, to degrees in areas such as health and social care management, social work and nursing.</p>	<p>In this unit, you will develop an understanding of the purpose of health education, learning about organisations and legislations that support the implementation of health education including how they work as part of an integrated team to ensure the nation’s health is a priority. You will develop an understanding of a range of models and approaches to health education that will allow you to understand the processes that staff working in the health and social care sectors apply when supporting the public’s health to prevent and educate on current issues in health and wellbeing. By planning a small-scale health education event, you will be able to develop an awareness of the processes of planning an event and assessing the effectiveness of models and approaches to health education. You will also be able to consider the implications of health education activities on the current and future health of the nation.</p>
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Curriculum – Topic Sequencing

Year 12 – Certificate	Year 13 – Extended Certificate
<p>Unit 1 Human Lifespan Development - Exam</p> <p>Learning Aim A</p> <p>Physical development across the life stages Intellectual development across the life stages Emotional development across the life stages Social development across the life stages</p> <p>Learning Aim B</p> <p>Genetic factors that affect development Lifestyle factors that affect development Health inequalities to include: Environmental factors that affect development Social factors that affect development Economic factors that affect development Major life events that affect development</p>	<p>Unit 2 Human biology - Exam</p> <p>Learning Aim A</p> <p>Cells Tissues Energy in the body Homeostatic mechanisms</p> <p>Learning Aim B</p> <p>CV System Respiratory system Nervous system Endocrine and renal system Musculoskeletal system The function of further body systems</p>

<p>Learning Aim C</p> <p>Prevalent health conditions Health and social care promotion and prevention Health and social care professionals Personalised care and multi-disciplinary working</p> <p>Unit 3 Principles of health and social care practice Needs - Coursework</p> <p>Learning Aim A</p> <p>Values essential to health and social care practice Person-centred care and approaches Communication in health and social care Confidentiality Duty of care Working with vulnerable children and adults at risk</p> <p>Learning Aim B</p> <p>Organisations, legislations and guidance affecting health and social care Organisation of health and social care services How health and social care services are organised to benefit the population Using critical thinking skills to draw valid conclusions</p> <p>Learning Aim C</p> <p>The effect of social determinants on individuals' health status Improving health outcomes in practice Potential barriers to improving health outcomes in practice</p>	<p>Learning Aim C</p> <p>The main disorders of the body</p> <p>Unit 5 Promoting health education</p> <p>Learning Aim A</p> <p>Purpose of health education The role of health education Organisations influencing health education Legislation and regulations impacting on health education Monitoring the health of the nation</p> <p>Learning Aim B</p> <p>Health issues and priorities Factors affecting health and well being</p> <p>Learning Aim C</p> <p>Current and ongoing health education Models and approaches used in health education to promote health and well being Planning a health education event</p>
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