

**Webinars for parents/carers of children / young people with
a learning disability and/or ASD,
who live in North Derbyshire**

Using Positive Behaviour Support (PBS) to manage behaviours that challenge

Thursday 6th July, 2023. 9.30am – 12.00pm

Skills for life

Wednesday 13th September, 2023. 11am – 1pm

Understanding and managing anxiety

Wednesday 4th October, 2023. 9.30am – 12.00pm

Understanding and managing self- injurious behaviour

Friday 24th November, 2023. 9.30am – 12.00pm

**These sessions are for parents / carers of young people with a learning disability
and/or ASD, who live in North Derbyshire.
They aim to increase understanding about the topic and offer ideas / strategies for
support.**

**The seminars will take place on Microsoft Teams. We will send joining instructions
with your booking confirmation nearer the time.**

**To book a place, please email us on CRHFT.camhsadmin@nhs.net, stating the
name of the course, date and a contact telephone number.**